



## DEVELOP AN EXTRAORDINARY MIND

### ACCESS THE UNCONSCIOUS GENIUS WITHIN AND MAXIMISE YOUR SUCCESS

Do you know why decisions come easily and quickly for top executives and elite athletes?

Do you feel like you are capable of doing so much more but not sure how to do it?

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**When you know in your heart and soul that something is right, you go with it, you know it, you trust it. Imagine being able to do that for all the decisions you have to make day in and day out.**

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"Ann very quickly brings realisation that we all have extraordinary minds, and it's only our own fears or beliefs that limit us from being happier and achieving anything we want. It is a course like no other and its results are like no other. My potential is now unlocked and I am a believer - thank you so much Ann!"

Brad Langdon, Entrepreneur, Co-Founder and Owner, Pegasus Group Australia

"I never trusted my gut feelings. Ann taught me the process of delving deeply into my sub-conscious to find the correct answers and to make decisions quickly and with absolute confidence!" - Jasmine Chan, Podiatrist, Former Professional Squash Player

**In this 8 week program you will learn the tools and techniques to take you to the next level of success - from ordinary to Extraordinary.**



#### Learn how to:

- ★ Let go of limiting beliefs and breakthrough from all that holds you back.
- ★ Bring energy and calmness into all areas of your life.
- ★ Tap into the infinite intelligence within you and gain greater clarity.
- ★ Understand your ego and what to do when it gets in the way.
- ★ Learn how to make confident decisions and trust and know exactly what to do.
- ★ Feel greater vitality and a sense of well being.
- ★ Access more of your infinite creative potential for better problem solving.
- ★ Truly believe in you and know it.
- ★ Become your authentic self.
- ★ Be Extraordinary.

## About The Program

This is a two month program delivered by phone, Zoom, or in person in Melbourne, Australia

- ★ 8 x 90 minute interactive sessions held weekly
- ★ Check-in and support calls for enhanced learning
- ★ Detailed feedback and summary after each session
- ★ Unlimited email support



## ABOUT ANN QUINN

Dr. Quinn has a wealth of experience and expertise coaching athletes to grand slams, world titles, and Olympic gold - as well as business executives to big wins and ongoing success.

With degrees in Psychology, Human Movement, Biomechanics, Nutrition, and Education, plus 30 years of expertise and wisdom from coaching all over the world, Ann has added a new dimension to her coaching for clients ready for even higher levels. Dr. Quinn guides them to access the superconscious state and their extraordinary mind. This helps them uncover what holds them back and breakthrough to become all they can be.

*This has been the most powerful technique I have taught over the years. The lessons have been profound and life-changing, challenging and liberating. The greatest gift is to be able to have people truly believe in themselves and have confidence and clarity as well as feeling an inner peace and calmness within.*

## From Winning Mindset to Mastery, Ann's Programs are Progressive



1. **The Winning Mindset:** Believe in you and get the mental edge (for athletes). Conquer your stress, Energise and Optimise you (for executives).
2. **Extraordinary Mind:** Access the unconscious genius within and maximise your success.
3. **Knowing Within:** Learn to master the power of your mind and go for anything you want.
4. **Mastery:** Be the master of your destiny.

"Your time is limited, so don't waste it living someone else's life... Don't let the noise of other's opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition. They somehow already know what you truly want to become. Everything else is secondary."

*Steve Jobs, Apple Co-Founder, CEO*

**Contact Dr. Ann Quinn**

+61-(0)402-034-509

[ann@annquinn.com](mailto:ann@annquinn.com)

[www.annquinn.com](http://www.annquinn.com)

[www.extraordinaryathlete.com](http://www.extraordinaryathlete.com)