



KNOWING WITHIN

Having completed the Extraordinary Mind Program - connecting and integrating Quantum Source Energy into your life - you are now set to go to the next level.

KNOWING WITHIN

Learn how to:

- ★ Understand what is missing in your life. Tame your ego, clear the past and prepare yourself for success.
- ★ Clear the decks - declutter your body, mind and soul on all levels.
- ★ Set-up personal boundaries to really honour you and unearth what really brings you joy.
- ★ Get into the gap and learn to be present. The entrance to your sanctuary is inside of you.
- ★ Discover the power of intention. Co-create your world your way.
- ★ Move from thinking to knowing.
- ★ Feel confident with daily action plans to thrive and achieve more.
- ★ Celebrate and express the genius within.

Go to higher levels. Develop new skills. Learn to master the power of your own mind. Become even more confident in you.



"Ann taught me to never doubt myself at all"
Pat Rafter, former World Number One and US Open Champion (two-time winner)

"Ann's helped me clear my deepest doubts and truly believe that I can achieve whatever I want in life." David Quayle, Student Athlete, UK

From Winning Mindset to Mastery, Ann's Programs are Progressive



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